

Climber Machine



IMPORTANT SAFETY INFORMATION

please keep this manual properly for future reference.

1. it is important to read all the contents of this manual carefully before assembling and using the training equipment. Correct installation, maintenance, and usage are essential for safe and effective training, it is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.
2. Before using the training equipment, you should consult a doctor about your physical condition to prevent health or safety accidents during training. Your physician's advice is essential if you are taking medication that affects heart rate, blood pressure or cholesterol level.
3. Be aware of the condition of your body during training. Incorrect training methods

may damage you. If you experience symptoms such as pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness or nausea, stop training immediately. If you do experience any of these conditions, you should consult your physician before continuing with your training.

4. Keep children and pets away from the training equipment. The equipment is intended for use by adults only.

5. Place the training equipment on a hard, flat surface and use protective cover on the floor or carpet to prevent damage. For safety, ensure that the training equipment has at least 0.5m of free space all around it.

6. Before using the training equipment, ensure all bolts and nuts are securely tightened. Make sure they are properly tightened for safe use.

7. The safety of the equipment can only be maintained if it is regularly examined for damage and/or tears and tears.

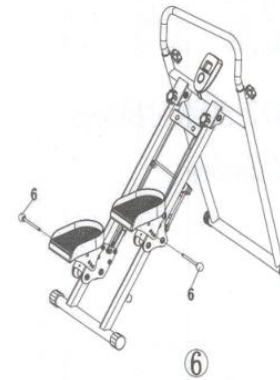
8. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, discontinue use of the equipment immediately and do not use until the problem has been rectified.

9. Wear suitable clothing while using the training equipment. Avoid wearing loose clothing that may become entangled in the equipment.

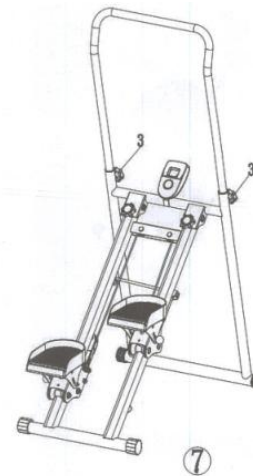
10. The training equipment is designed and manufactured according to EN957 Class HC standards and is suitable for home use only. The maximum user weight is 110kg.

11. The training equipment is not intended for medical use.

12. Proper lifting or moving the training equipment is required. Use correct operating



6. Take out the pin of the foot tube support as shown 6#, rotate the foot to adjust properly. Position, insert latch 6# into the hole.

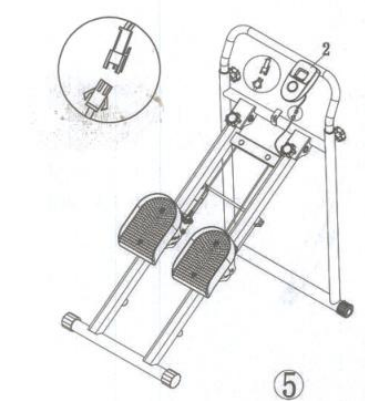


7. As shown in the diagram to adjust the height of the handrail, the push knob to open, will raise the handrail, or lower to adjust the height, adjust to the appropriate height, lock with the push knob on the hole.

3. Take out foot 4# and align foot as shown For the pipe hole, with wrench A#4, put Foot 4# and screw.5# aligned to the foot Step tube hole slock tightly.



4. Takeout codetable2#as shown on the right, open the battery compartment cover and in stall it on, No.5 battery, put the battery cover on.



5. As shown in the installed code table 2#, aligned with the table frame insert the installation, the two connecting line holes to holes installed.

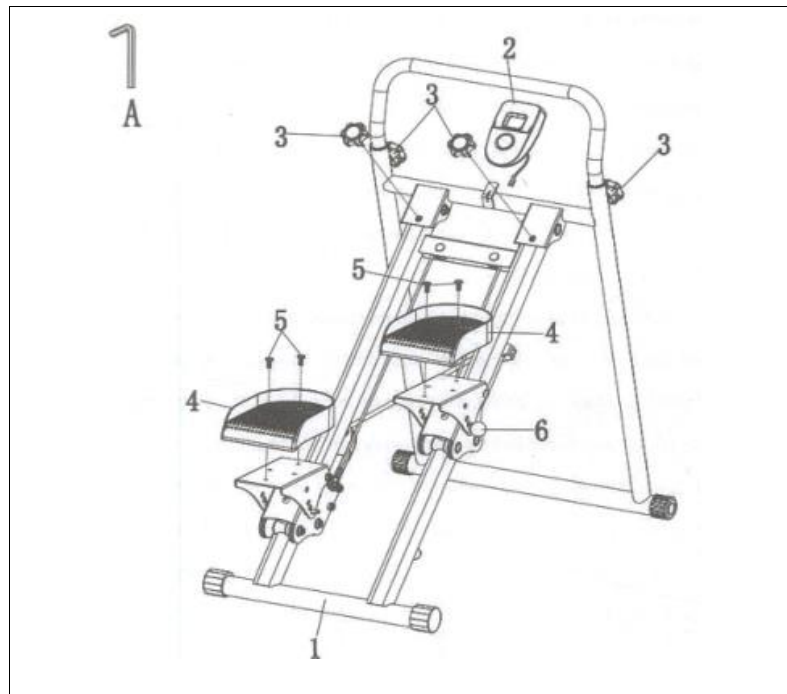
procedures when necessary or seek assistance from others.

13. Wear suitable exercise clothes and running shoes during training.

14. The safety general requirements for the product are in accordance with GB17498.1-2008/GB17498.5-2008.

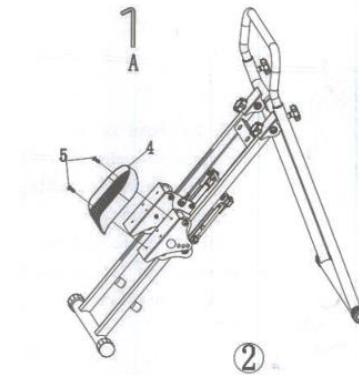
satisfaction is very important to us, PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US

Product parts description drawing

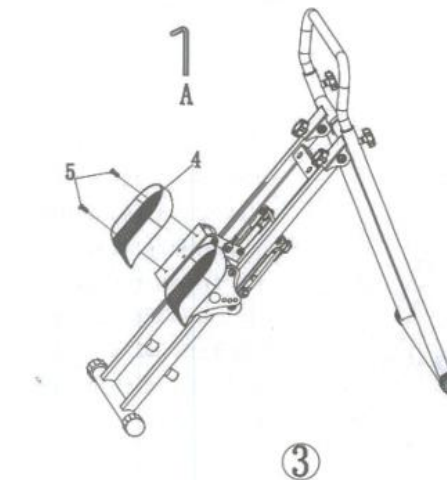


No	Parts	Qty
1		1
2		1
3		2
4		2
5		4
6		1

Take out the mainframe 1# of the machine as shown in the figure, and open the front and back transverse tubes for balance. Take out the plum knob 3#2 as shown in the left and right holes in turn lock.



2. Take out foot 4# and align foot as shown Pipe hole, with A#4 wrench, foot 4# and screw 5# aligned, with foot pipe hole lock.



Assembly steps

